025

Learning Mobile Manipulation Skills via Autonomous Exploration

Russell Mendonca Deepak Pathak

Carnegie Mellon University



Figure 1. Continual Autonomous Learning: We enable a legged mobile manipulator to learn a variety of tasks such as moving chairs (top, left and right), righting a dustpan (top, middle), and sweeping (bottom) via practice in the real world with minimal human intervention.

Abstract

001 To build generalist robots capable of executing a wide array of tasks across diverse environments, robots must be endowed with the ability to engage directly with the real world to acquire and refine skills without extensive instrumentation or human supervision. This work presents a fully autonomous real-world reinforcement learning framework for mobile manipulation that can both independently gather data and refine policies through accumulated experience in the real world. It has several key components: 1) automated data collection strategies by guiding the robot's exploration toward object interactions, 2) using goal cycles for real world RL such that the robot changes goals once it has made sufficient progress, where the different goals serve as resets for one another, 3) efficient control by lever-015 aging basic task knowledge present in behavior priors in 016 conjunction with policy learning and 4) formulating generic rewards that combine human-interpretable semantic infor-017 mation with low-level, fine-grained state information. We 018 demonstrate our approach on Boston Dynamics Spot robots 019 in continually improving performance on a set of four chal-020 lenging mobile manipulation tasks and show that this en-021 ables competent policy learning, obtaining an average suc-022 cess rate of 80% across tasks, a $3-4 \times$ improvement over 023 existing approaches. 024

1. Introduction

As robots transition from the structured confines of fully 026 mapped industrial settings into the dynamic and unstruc-027 tured realm of our daily lives, there is an increasing need 028 to build generalist systems capable of executing a wide ar-029 ray of tasks across diverse environments. While visuomo-030 tor policies trained with reinforcement learning (RL) have 031 032 demonstrated significant potential to bring robots into openworld environments[9-11], in practice, they first require 033 034 training in simulation [1–3, 7, 15, 17]. However, it is chal-035 lenging and not scalable to build simulations that capture 036 the unbounded diversity of real-life tasks, especially involving complex manipulation. What if we instead adopt a strat-037 egy where learning occurs through direct engagement with 038 the real world, without extensive environmental instrumen-039 040 tation or human supervision during the training process? 041 We address multiple challenges for such a system.

Challenge 1: Automated collection of useful data: Con-042 043 sider a complex, high-dimensional system like a legged mo-044 bile manipulator operating in open spaces where undirected actions often do not affect any meaningful change in the en-045 046 vironment. The first challenge in building an effective realworld learning system is in autonomous, task-relevant data 047 048 collection because good robot autonomy does not imply the 049 resulting data has a useful learning signal. For example, we would like to avoid the robot simply waving its arm in 050 051 the air without interacting with objects if its goal is to acquire manipulation skills. While such a system could, in 052 053 theory, learn sophisticated mobile manipulation strategies 054 given enough data, we propose using off-the-shelf visual 055 models to design automated strategies that make learning in the real world feasible by guiding the robot's exploration 056 toward object interactions. 057

Challenge 2: How to ensure diverse practice? The sec-058 059 ond challenge is how to allow the robot to purposely practice achieving goals from diverse initial states without hu-060 061 man resetting. Once the robot is close to its goal, it does 062 not get to practice the task from states that are further from the goal. For instance, consider a robot tasked to move fur-063 niture. The robot may learn to move a piece of furniture to 064 065 its target location; however, now that the furniture is very 066 close to the goal, continuing to practice the task from this 067 starting state will not yield further benefits. Instead, if the 068 environment state could be reset back to the initial state dis-069 tribution, the robot could practice repeating its success. In 070 the absence of such resets, how can we enable autonomous robots to return to the harder initial state distribution for 071 072 practicing tasks? The approach we use is to set up 'goalcycles' [5, 6, 8], where we switch the goal once the robot has 073 made sufficient progress on the previous one, or spent a bud-074 075 get of a fixed interval of trajectories attempting it. Hence, 076 the goals serve as resets for one another, and this multi-goal 077 learning setup ensures that the robot does not stagnate in a limited region of the state space near any particular goal. 078

Challenge 3: Efficient control in the real world: Even
with a favorable initial state distribution, policy learning
poses a daunting challenge due to large observation and
action spaces. This challenge is especially severe in the
case of legged mobile manipulation, where the robot needs
to move and simultaneously maintain contact with objects

and retain control. Our approach expedites learning con-085 trol policies by leveraging basic task knowledge present in 086 behavior priors. These priors can take the form of plan-087 ners with a simplified incomplete model or automated pro-088 cedurally generated behaviors. It is important to note that 089 while these priors bootstrap learning and help provide a sig-090 nal for learning, particularly in the early stages, the priors 091 might not be very competent at performing the task, owing 092 to their simplicity. In our experiments, the average success 093 rate of the prior is just 20% across tasks but as low as 5% for 094 the challenging task of sweeping. In contrast, our learning-095 based approach enables an average success rate of 80%, a 096 $4 \times$ improvement. Hence, the priors are not a substitute for 097 learning controllers but rather serve to structure exploration. 098

Challenge 4: Defining rewards in the real world: For the 099 system to benefit from the previously described structure 100 and get better at performing tasks, it must evaluate the rel-101 ative benefit of different actions by receiving reward feed-102 back from the environment. Providing reward supervision 103 in the real world often requires physical instrumentation in 104 the form of specialized sensors [13, 16] or needs humans in 105 the loop [4, 12, 14]. Furthermore, the ability of these robots 106 to keep collecting data and learning to improve is bottle-107 necked by how expensive or difficult it is to scale these 108 approaches. In this work, we seek a *flexible* way for hu-109 mans to specify objectives for arbitrary tasks. To this end, 110 we devise a generic reward modeling recipe that combines 111 human-interpretable, semantic information, i.e., text-based 112 detection and segmentation models, along with low-level, 113 fine-grained state information, i.e., vision and depth-based 114 observations for object estimation. Despite yielding noisy 115 estimates, we find the resulting reward is sufficient to allow 116 the robot to learn challenging tasks. 117

The main contribution of this work is a general approach 118 for continuously learning mobile manipulation skills di-119 rectly in the real world with autonomous RL. The main 120 components of our approach involve: (1) task-relevant au-121 tonomy for collecting data with useful learning signal, (2) 122 efficient control by integrating priors with learning policies, 123 and (3) flexible reward specification combining high-level 124 visual-text semantics with low-level depth observations. 125 Our approach enables a Boston Dynamics Spot robot to 126 continually improve in performance on a set of 4 challeng-127 ing mobile manipulation tasks, including moving a chair to 128 a goal with the table in the corner or center of the playpen, 129 picking up and vertically balancing a long-handled dustpan, 130 and sweeping a paper bag to a target region. Our exper-131 iments show that our approach gets an average evaluation 132 success rate of about 80% across tasks, which is a $4 \times \text{im}$ -133 provement over using either RL or the prior individually. 134



141

142

143

144

145

146

147

148

149 150

151

152 153

154

155

156

157

158

159

160

161

- [1] Ilge Akkaya, Marcin Andrychowicz, Maciek Chociej, Mateusz Litwin, Bob McGrew, Arthur Petron, Alex Paino, Matthias Plappert, Glenn Powell, Raphael Ribas, et al. Solving Rubik's Cube with a Robot Hand. arXiv preprint arXiv:1910.07113, 2019. 2
 - [2] Xuxin Cheng, Kexin Shi, Ananye Agarwal, and Deepak Pathak. Extreme Parkour with Legged Robots. arXiv preprint arXiv:2309.14341, 2023.
 - [3] Mark Cutler, Thomas J Walsh, and Jonathan P How. Reinforcement Learning with Multi-Fidelity Simulators. In *ICRA*, pages 3888–3895. IEEE, 2014. 2
 - [4] Justin Fu, Avi Singh, Dibya Ghosh, Larry Yang, and Sergey Levine. Variational Inverse Control with Events: A General Framework for Data-Driven Reward Definition. In *NeurIPS*, 2018. 2
 - [5] Abhishek Gupta, Justin Yu, Tony Z Zhao, Vikash Kumar, Aaron Rovinsky, Kelvin Xu, Thomas Devlin, and Sergey Levine. Reset-Free Reinforcement Learning via Multi-Task Learning: Learning Dexterous Manipulation Behaviors without Human Intervention. In *ICRA*, pages 6664–6671. IEEE, 2021. 2
 - [6] Abhishek Gupta, Corey Lynch, Brandon Kinman, Garrett Peake, Sergey Levine, and Karol Hausman. Demonstration-Bootstrapped Autonomous Practicing via Multi-Task Reinforcement Learning. In *ICRA*, pages 5020–5026. IEEE, 2023. 2
- [7] Tuomas Haarnoja, Ben Moran, Guy Lever, Sandy H Huang, Dhruva Tirumala, Markus Wulfmeier, Jan Humplik, Saran Tunyasuvunakool, Noah Y Siegel, Roland Hafner, et al. Learning Agile Soccer Skills for a Bipedal Robot with Deep Reinforcement Learning. *arXiv preprint arXiv:2304.13653*, 2023. 2
- [8] W. Han, S. Levine, and P. Abbeel. Learning Compound
 Multi-Step Controllers under Unknown Dynamics. In *IROS*,
 2015. 2
- [9] Dmitry Kalashnikov, Alex Irpan, Peter Pastor, Julian Ibarz, Alexander Herzog, Eric Jang, Deirdre Quillen, Ethan Holly, Mrinal Kalakrishnan, Vincent Vanhoucke, et al. QT-Opt: Scalable Deep Reinforcement Learning for Vision-Based Robotic Manipulation. *arXiv preprint arXiv:1806.10293*, 2018. 2
- [10] Dmitry Kalashnikov, Jacob Varley, Yevgen Chebotar, Benjamin Swanson, Rico Jonschkowski, Chelsea Finn, Sergey
 Levine, and Karol Hausman. MT-Opt: Continuous Multi-Task Robotic Reinforcement Learning at Scale. *arXiv preprint arXiv:2104.08212*, 2021.
- [11] Sergey Levine, Chelsea Finn, Trevor Darrell, and Pieter
 Abbeel. End-to-End Training of Deep Visuomotor Policies. *JMLR*, 2016. 2
- [12] Huihan Liu, Soroush Nasiriany, Lance Zhang, Zhiyao Bao, and Yuke Zhu. Robot Learning on the Job: Human-in-the-Loop Autonomy and Learning During Deployment. *arXiv preprint arXiv:2211.08416*, 2022. 2
- [13] C. Schenck and D. Fox. Visual Closed-Loop Control for
 Pouring Liquids. In *ICRA*, 2017. 2

- [14] Avi Singh, Larry Yang, Kristian Hartikainen, Chelsea Finn, and Sergey Levine. End-to-End Robotic Reinforcement Learning without Reward Engineering. In *RSS*, 2019. 2
 193
- [15] Josh Tobin, Rachel Fong, Alex Ray, Jonas Schneider, Wojciech Zaremba, and Pieter Abbeel. Domain Randomization for Transferring Deep Neural Networks from Simulation to the Real World. In *IROS*, pages 23–30. IEEE, 2017. 2
 194
 195
 196
 197
- [16] A. Yahya, A. Li, M. Kalakrishnan, Y. Chebotar, and S. Levine. Collective Robot Reinforcement Learning with Distributed Asynchronous Guided Policy Search. In *IROS*, 2017. 2
- [17] Ruihan Yang, Yejin Kim, Aniruddha Kembhavi, Xiaolong Wang, and Kiana Ehsani. Harmonic Mobile Manipulation. *arXiv preprint arXiv:2312.06639*, 2023. 2
 204